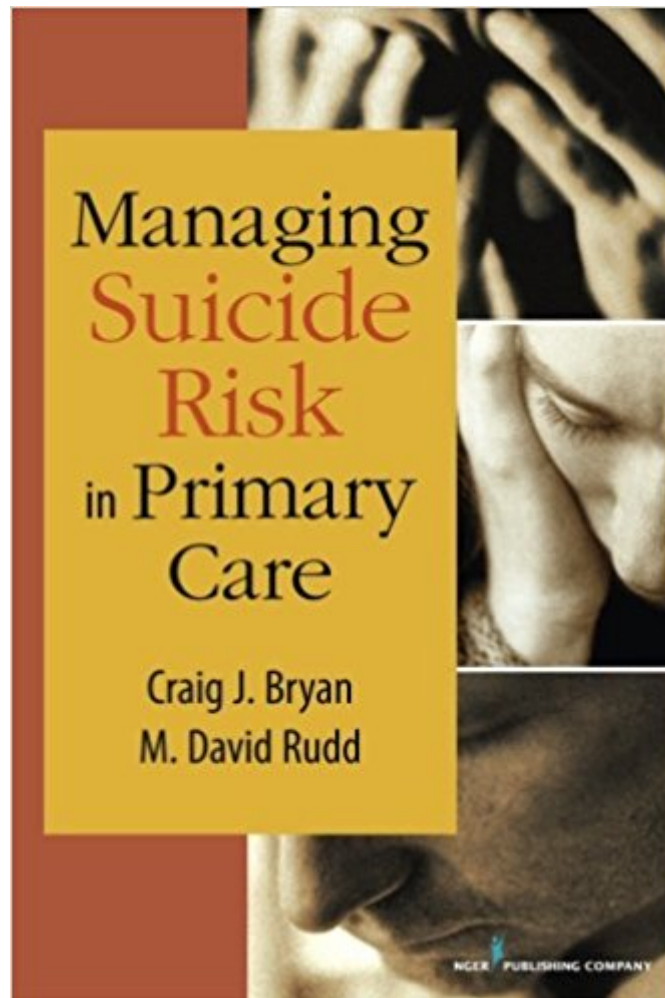




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Managing Suicide Risk In Primary Care



Synopsis

Primary care is the new frontier for preventing suicide and Bryan and Rudd are its pioneers, offering wisdom and guidance based on their experience in bridging behavioral health care to the primary health care setting. This is a truly significant reference. Lanny Berman, PhD, ABPP Executive Director, American Association of Suicidology President, International Association for Suicide Prevention In their pragmatic and useful book titled *Managing Suicide Risk in Primary Care*, Bryan and Rudd provide an essential reference guide for health care professionals working in primary care settings."--*PsycCRITIQUES* This book offers a comprehensive approach that can help the physician become competent to assess and intervene with suicidal risk as well as lessen his or her anxiety when dealing with patients at suicide risk. Needless to say, this can be a life and death matter for some patients... One of the great strengths of this book is how they have adapted insights and interventions from traditional mental health care for the uniqueness of primary care... I highly recommend this book for any professional working in primary care. It will be taken off the shelf for reference and reviewed many times in the course of a career.--*Family Medicine Journal* Roughly forty-five percent of individuals who commit suicide make contact with a primary medical provider in the month prior to their death; nearly twenty percent make contact within one day of their death. This practical guide demonstrates how the primary care setting-an increasingly important provider of mental health treatment-can be an effective place for preventing suicide and providing ameliorative care. Firmly grounded in the clinical realities of primary care, Bryan and Rudd address the key issues that often plague behavioral health consultants (BHCs) in such settings where appointments are brief, patient contact is limited, and decision making and treatment are collaborative. They offer effective strategies for BHCs to manage patients across a suicidal crisis beginning with the development of procedures prior to crisis, steps to take during a crisis, planning for post-crisis care, transition to specialty mental health facilities, and legal issues. Key Features: Targets techniques for suicide assessment and prevention in primary care settings Addresses the clinical realities of working in a primary care setting and how to adapt them to the needs of suicidal patients Covers clinical protocols, legal issues, and risk management Discusses the formation of collaborative relationships with patients and staff Provides brief interventions with suicidal patients and post-crisis strategies Written by leading specialists in behavioral health, primary care, and suicidology

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Customer Reviews

""Primary care is the new frontier for preventing suicide and Bryan and Rudd are its pioneers, offering wisdom and guidance based on their experience in bridging behavioral health care to the primary health care setting. This is a truly significant reference."" Lanny Berman, PhD, ABPP Executive Director, American Association of Suicidology President, International Association for Suicide Prevention ""In their pragmatic and useful book titled "Managing Suicide Risk in Primary Care," Bryan and Rudd provide an essential reference guide for health care professionals working in primary care settings."--PsycCRITIQUES Roughly forty-five percent of individuals who commit suicide make contact with a primary medical provider in the month prior to their death; nearly twenty percent make contact within one day of their death. This practical guide demonstrates how the primary care setting-an increasingly important provider of mental health treatment-can be an effective place for preventing suicide and providing ameliorative care. Firmly grounded in the clinical realities of primary care, Bryan and Rudd address the key issues that often plague behavioral health consultants (BHCs) in such settings where appointments are brief, patient contact is limited, and decision making and treatment are collaborative. They offer effective strategies for BHCs to manage patients across a suicidal crisis beginning with the development of procedures prior to crisis, steps to take during a crisis, planning for post-crisis care, transition to specialty mental health facilities, and legal issues. Key Features: Targets techniques for suicide assessment and prevention in primary care settings Addresses the clinical realities of working in a primary care setting and how to adapt them to the needs of suicidal patients Covers clinical protocols, legal issues, and risk management Discusses the formation of collaborative relationships with patients and staff Provides brief interventions with suicidal patients and post-crisis strategies Written by leading specialists in

behavioral health, primary care, and suicidology "

Dr. Craig J. Bryan, PsyD, is Assistant Professor in the Department of Psychiatry at the University of Texas Health Science Center. Dr. Bryan received his PsyD in clinical psychology in 2006 from Baylor University, and completed his clinical psychology residency at the Wilford Hall Medical Center, Lackland Air Force Base, TX. He was retained as faculty in the Department of Psychology at Wilford Hall Medical Center, where he was Chief of the Primary Care Psychology Service at Kelly Family Medicine Clinic, as well as the Suicide Prevention Program Manager for Lackland AFB. In addition to seeing patients in family medicine, Dr. Bryan trained and supervised clinical psychology interns, licensed clinical psychologists, and licensed clinical social workers in the BHC model of behavioral health. Dr. Bryan currently researches suicidal behaviors, suicide prevention strategies, and psychological health and resilience. He has chaired the American Association of Suicidology's Primary Care Task Force to develop training curriculum for primary care medical providers in the assessment and management of suicidal patients. He regularly provides training to clinicians and medical professionals about managing suicidal patients. For his contributions to primary care behavioral health and suicide prevention, Dr. Bryan was recognized by the Society for Military Psychology with the Arthur W. Melton Award for Early Career Achievement.

M. David Rudd PhD is Dean of the College of Social and Behavioral Sciences at the University of Utah and scientific director for the National Center for Veterans Studies at the U. His undergraduate degree is from Princeton University. He completed his doctoral training at the University of Texas-Austin and completed a post-doctoral fellowship in cognitive therapy at the Beck Institute in Philadelphia under the direction of Aaron T. Beck. He is a Diplomate of the American Board of Professional Psychology and a Fellow of three professional societies, including the American Psychological Association (Division 12 and Division 29), the International Association of Suicide Research, and the Academy of Cognitive Therapy (a founding fellow). He was recently elected a Distinguished Practitioner and Scholar of the National Academies of Practice in Psychology. In addition to his clinical work, Dr. Rudd is an active researcher with over 170 publications. He is currently conducting a \$1.97 million clinical trial for suicidal soldiers at Fort Carson, Colorado. He has authored several books, including *Treating Suicidal Behavior* (2001, Guilford, 2nd printing in 2004) and *Suicide Science: Expanding the Boundaries* (2001, Kluwer Academic Publishers), *The Assessment and Management of Suicidality: A Pocket Guide* (Professional Resource Press, 2006) and the recently released *The Interpersonal Theory of Suicide* (with Joiner, VanOrden, & Witte) from the American Psychological Association Press. His research has been recognized with awards both national and international.

He has served as a consultant to many organizations nationally and internationally, including the United States Air Force, the U.S. Army, the Department of Defense and the Beijing Suicide Prevention and Research Center. Dr. Rudd serves on a number of editorial boards, is past Chair of the Texas State Board of Examiners of Psychologists, past President of the Texas Psychological Association, past President of Division 12 Section VII of the American Psychological Association, past Past-President of the American Association of Suicidology, a previous members of the APA Council of Representatives, and currently serves on the board of the PDV Foundation. Dr. Rudd has testified five times before the U.S. Congress, both House and Senate, on issues related to veterans and suicide.

I recommend to any Physician, Physician Assistant, Nurse Practitioners, Psychologist and Social Workers who may happen to see a suicidal patient in primary care!

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